

Certification Pathway/Assessment Guidelines

River Safety & Rescue 1

Guidelines

- The RSR 1 course should be delivered and run on water of Grade I difficulty.
- It is recommended that RSR 1 certification be renewed at least once every 5 years.
- Level 2 Instructors or higher

Ratios

- The RSR 1 should be delivered with a maximum ratio of 1 instructor to 6 participants if delivered by a Level 2 Instructor, or 1 instructor to 8 participants if delivered by a Level 3 Kayak or Canoe Instructor.

The RSR 1 course can now be run in modularly, with course content being delivered over a number of sessions. Once all aspects of the course have been covered and skills sheet signed off by valid Canoeing Ireland instructor certification will be awarded.