



CANOE CENTRE

Lower Liffey Race

Descent Series

Saturday 1st September 16.00hrs

Long course Long course: Salmon Leap Canoe Club (2 Laps of the lake) to Canoe Centre, distance approx 20km

Short course Salmon Leap Canoe Club to Canoe Centre, distance approx 14km

Both courses include 1 Portage, 5 Weirs.... possibly 5 additional portages..... so 6 in total.

Classes

Long Course

K2 (20km)
K1

Short Course

K2/T2
Senior K1 Classes
Junior K1 Classes
All GP Classes
Open Canadian

Fees

Seniors - €20

Juniors/students/unwaged -

€10

Family -€45

Novices - €2

Pre-enter online <https://www.canoedb.com/events/>

Last entries in the clubhouse on the day – 15.00

- ICU/CANI/BCU membership cards must be presented when entering.
- Neither the organisers nor the ICU accept responsibility for any damage or loss.
 - Rough water course with Grade 1 / Grade 2 rapids
 - ICU Safety Rules Apply.

More information here: <https://www.facebook.com/events/183384242530184/>

There will be an après race entertainment brought to you by the lovely people from the Patagonia Store
see more information here: <https://www.facebook.com/events/424350474752037/>

Race Organiser

Shane Cronin

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